



Knee Hi Division Rules (Quick Reference)

Coaches

- Coaches will be responsible for the conduct of assistant coaches, players and parents. If poor conduct continues after a warning (from either the umpire or the coach), the offender will be asked to leave. Refusal to leave will result in the game being stopped and the situation is turned over to the league commissioner and executive committee.
- Coaches and umpires are responsible for keeping the backstop clear of all distractions. Rattling of fences, yelling or trying to distract the opposing team/players is strictly prohibited and must be monitored by the head coach.

Game Governance

- Weekday games begin at 6PM. No new inning shall start after 1 hour and 30 minutes from the first pitch.
- Home Team will occupy the bench on the 3rd base side and supply game balls. BOTH teams are responsible for getting the field ready for play AND cleaning up the field after the game (field drug, bases put away, dugouts cleaned).
- Bases should be placed in the holes nearest to home plate, which is 60' away.
- Although the score is not kept, there is a 4-run limit per inning.

Players

- All players must be registered with BMBL.
- No players can be base coaches.
- Free substitutions are allowed in the field but be mindful of pace of play.
- The batting order consists of all players present that day, regardless of whether they have a position in the field that inning.
- All players MUST wear an athletic cup.

Pitching

- The first half of the season is coach pitch. The second half will be kid pitch - the transition to kid pitch will be announced by the commissioner around the halfway point of the season.
- During coach pitch, a coach will provide 8 hittable pitches to every batter. If the last pitch is fouled, the coach should continue pitching. If no hit is made, the player returns to the dugout. This DOES NOT count as an out. All outs must be made in the field.
- It's encouraged to work with every player on pitching from the first practice, and to give every player a chance to pitch that wishes to.
- A player must not pitch more than 1 inning per game, or 2 innings per week, with a maximum of 25 pitches per inning. After 25 pitches, the coach will finish the remainder of the inning.
- A coach from the hitting team will stand behind the pitcher calling balls and strikes. Calling of balls and strikes should NOT be questioned by anyone.
- During kid pitch, a full at bat will be pitched to the hitter. If 3 strikes are called, the batter is out (but still DOES NOT count as an out). If 4 balls are called, the coach will give the player 3 hittable pitches.

Base Running

- No leads, no stealing, no advancing on passed balls, no tagging up, no advancing on overthrows. Players cannot leave the base until a ball is in play.
- Head-first sliding is NOT allowed. It is encouraged that coaches practice feet first sliding.

Batting

- As mentioned above, batters can strike out, but this DOES NOT count as an out.
- Bunting is not allowed but can be taught at practice.
- No RF assists to first base permitted.
- No unassisted outs can be made by an OF player, they must throw to the base to make an out.
- Hits should be limited to singles unless it is a legitimate double - a line drive hit in an OF gap or hit OVER an OF player's head are considered legitimate. No routine ground balls or errors made in the field should result in a double. (Remember the 4-run rule... if you're constantly sending kids for doubles, you're likely taking at bats away from other players).
- Bats MUST have the USA baseball stamp (not USSSA).